

Where the market makes the menu

BAKERY

Baked Goods

- Scone6
Chive & Cheddar
- Croissant.....6
Chocolate or Plain
- Muffin.....6
Romina's Seasonal or Blueberry (gf)
- English Muffin.....6
House-Made

Visit B & L Bakery for La Colombe coffee and our house-made pastries on the go.

Fruits & Grains

- Greek Yogurt Parfait..... 16
Gluten Free Granola, Berries
- Gluten Free Granola 13
Toasted Almonds, Honey
- Coconut Açaí Bowl..... 18
Bananas, Mangoes, Strawberries, Toasted Peanuts
- Organic Fruit Bowl.....18
- Nature's Path
Organic Heritage Flakes.....12
Add Berries +10
Add Bananas +6

Eggs & Plates

- LES Omelet23
Smoked Salmon, Sweet Onions, Chive Cream
- French Omelet..... 23
Gruyere Cheese, Mushrooms & Leeks
- Two Eggs, Any Style.....14
Hash Brown or Salad, with Toast

Classics

- Avocado Toast20
7-Minute Egg, Sunflower Seeds, Chilies, Cilantro
- The Schmeat 21
Toasted Bagel, Smoked Salmon, Cream Cheese
- Pumpkin Pie Spiced Pancakes..... 18
Slow Cooked Apples, Whipped Cream
- Classic Buttermilk Stack 18
- Croissant French Toast..... 20
Apple Butter, Ginger & Cinnamon
- Belgian Waffle..... 20
Whipped Butter, Vermont Maple Syrup

Burgers & Handhelds

Served with your Choice of French Fries or Salad

- BEC & Hash Brown.....19
House-Made English Muffin
- THE "BLD"22
Organic Grilled & Marinated Chicken Breast
Fried Egg, BLT, Avocado
- Breakfast Burger23
Fried Egg, BLT, Special Sauce
House-Made English Muffin
- B & L Burger.....19
Lettuce, Tomato, Pickle, New School American
Cheese, Special Sauce, House-Made Potato Bun

Sides

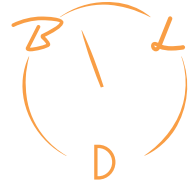
- Two Eggs.....6
Any Style
- Sausage8
Pork or Chicken
- Bacon.....8
- Hash Brown.....6
- French Fries.....9
- Half Avocado.....6
- Toast.....4
White, Wheat, Seven Grain, or Gluten Free
- Mac n' Cheese14

*Eating raw or undercooked foods may increase the risk of foodborne illness





IN ROOM DINING
ALL DAY
11:30AM- 11:00PM



B&L is the *Tea*

Starters & Sharables

French Onion Dip.....	9
House-Made Potatoe Chips	
Firecracker Shrimp.....	23
Spicy Sesame Mayo	
Mom’s Matzoh Ball Soup	14
Mushroom Barley Soup	14

Tacos

Baja Shrimp Tacos	
Shrimp, Chipotle Aioli, Avocado	
Gyro Tacos	
Beef & Lamb, Tzatziki, Chopped Salad	
(2)	15
(4)	28

Salads

Salmon & Avocado Salad	27
Crisp Buckwheat, Shiitake, Nori Vinaigrette	
Union Square Chopped	17*
Sherry-Shallot Vinaigrette	
Chicken Cobb Salad	25
Treasure Cave Blue Cheese, Bacon, Tomato	
Avocado, Red Onion, Ranch Dressing	
Wedge Caesar	16*
Iceberg Wedge, Parmesan Croutons	
*Add Organic Chicken or Salmon +9	
*Add Petit Steak +14	

Sides

French Fries	9
Bacon	8
Mac n' Cheese	14
Roasted Brussels Sprouts	10
Mashed Potatoes	10

Burgers & Handhelds

Served with your Choice of French Fries or Salad

B & L Burger	23
Lettuce, Tomato, Pickle, New School American	
Cheese, Special Sauce on a House-Made Potato	
Bun	
Add Fried Egg or Bacon +3	
The Veggie Burger	21
Lettuce, Tomato, Pickle, New School American	
Cheese, Special Sauce on a House-Made Potato	
Bun	
House Roast Turkey Club.....	23
Bacon, Lettuce, Tomato & Mayo	
The “BLD”	24
Grilled Organic Marinated Chicken Breast	
Fried Egg, BLT, Avocado	
Reuben.....	26
Housemade Pastrami, Kimchee	
Swiss Cheese, Jeju Island Dressing	
Maximo’s Cuban Sandwich.....	22
Pork Loin, Ham, Pickles, Mustard	

Mains

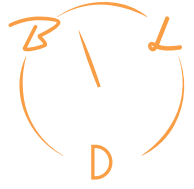
Grilled Faroe Island Salmon	31
Arugula-Quinoa Salad, Salsa Verde	
N.Y. Strip 12 oz	46
Au Poivre	
Sirloin Steak 8 oz.....	32
French Fries, Au Poivre	
Rigatoni a la Vodka	23
Chicken Sausage, Chili Flakes	
Veggie ‘Bolognese’	23
Tagliatelle, Mushroom Ragu	

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Milkshakes

'Elvis'.....	12
Peanut Butter, Banana, Candied Bacon	
Black & White	12
Strawberry.....	12
French Vanilla	12

Sweets

B & L Bakery Pies.....	12
Make it à la Mode With Your Choice of Housemade Ice Cream +4	
Chocolate Tres Leches.....	11
Chocolate-Soaked Vanilla Sponge Cake, Whipped Cream	
Romina's Cheesecake.....	14
Macerated Strawberries	
Housemade Ice Creams & Sorbets	
Single Scoop.....	4
Three Scoops.....	11

Boozy Milkshakes

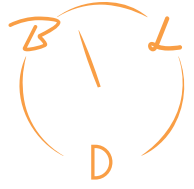
Grasshopper	16
Mint Chip, Crème de Cacao, Crème de Menthe	
Espresso Martini Milkshake.....	16
Copalli Cacao, Galliano Ristretto, Espresso, Coffee Ice Cream	
Peanut Butter Milkshake	16
Skrewball Peanut Butter Whiskey, Peanut Butter, Vanilla Ice Cream	

B & L Guittard Hot Chocolate.....	8
Topped with House-Made Whipped Cream	





ALL DAY
11:30AM- 11:30PM



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WINE BY THE GLASS

LUKE'S PICKS

A seasonal selection of white and red wines, perfect with all your diner favorites!

- House White.....10
- House Red..... 10

SPARKLING

- Prosecco, Jeio, Veneto, NV12
- Cava Rosé, i Raventos, 2022.....15

WHITES

- Sandwich White..... 12
Wagner Stempal, Riesling, GR, 2022
- Classic Chardonnay 13
Heron Wines, CA, 2022
- Sauvignon Blanc Sipper..... 12
Frenzy, Marlborough, NZ, 2023

ROSÉ

- The One and Only..... 12
Peyrassol, Cotes de Provence, 2022

REDS

- The Steak and Burger Red..... 13
Torres, Tempranillo, Ribera del Duero, SP, 2020
- Light and Delicious Pinot Noir..... 14
Averaen, Pinot Noir, Willamette Valley, OR, 2022
- The Cabernet..... 15
Brendel, Cabernet Sauvignon North Coast, CA, 2021

Beers \$7

- Sunday Beer Co.
Light & Tight Lager, NY, USA, 3.9%
- Bitburger Brewery
Pilsner, DE, 4.8%
- Allagash
Ski House Witbier, ME, USA, 7.5%
- Sixpoint Brewing Co
Bengali IPA, NY, USA, 6.6%
- Left Hand Brewing Co
Milk Stout NITRO, CO, USA, 6%
- Down East Cider House
Cider, MA, USA, 5.1%
- Non-Alcoholic
Bitburger Brewery, 'Drive', DE, 0.0%

COCKTAILS - \$18

\$10 ALL DAY SPRITZ
Aperol, Cinzano Prosecco, Soda



BOOZY



34th St Vesper
*Bombay Dry Gin, 42 Below Vodka
Cinzano Blanc & Dry
Orange Bitters*

Rosita

*Altos Blanco Tequila, Campari
Blanc Vermouth, Grapefruit Bitters*



B&L Old Fashioned
*Jim Beam Bourbon, Demerara
Mole Bitters*

CITRUSY

OG French 75
*Champagne Legras & Haas
Pierre Ferrand Cognac, Lemon, Simple*



Right From Hells Kitchen
*Altos Blanco Tequila, Mathilde
Crème de Cassis, Ginger, Lime, Soda*

Benevolent Daiquiri
*Saint Benevolent White/Dark Rum Blend
Lime, Simple*



Pink Lady
*Gardener Gin, Laird's Apple Jack
Grenadine, Lemon*

Yuzu-Midori Sour
Midori, Pisco, Yuzu, Lemon, Simple



0% Phoney Negroni.....12
Aplos Ume Spritz.....12

N/A BEVERAGES

- Regular or Diet Coca Cola5
- Sprite.....5
- Saratoga Still or Sparkling (28oz)8
- Boylan Sodas.....6
Root Beer, Cream, Orange, or Black Cherry
- Fever Tree5
Club Soda, Tonic, Ginger Ale
- Teas by H. Harney & Sons.....5
*English Breakfast, Darjeeling, Earl Grey
Mint, Chamomile, Gunpowder Green*
- Coffee by La Colombe
*Regular or Decaf5
Espresso, Cappuccino, Latte
Macchiato or Cortado5*
- Double Espresso.....8

